



Living Library Week

The Youth Exchange organized by SCI Italia in Rome from 4th to 13th May 2022 where a group of 25 young people from Austria, Greece, Hungary, Spain and Italy explored together the topic of emotional intelligence and interpersonal relations, through the approach of the "Living Library".

What is the "Living Library" methodology ?

The "Living Library" methodology aims to build a positive framework for communication between people, challenging stereotypes and prejudices through dialogue and using tools such as storytelling, theater and art.



"Unisciti alla Biblioteca Vivente"

The final event of the project held
Thursday, May 12th 2022
at "La Città dell'Utopia" in Rome



During this final event participants became living books, ready to tell their stories and to be read.

There was also an exhibition with all the materials created during the week.

The whole event was accompanied by an aperitif that put together a multiculturalism open to all those who wanted to attend.



What did the participants present ?



A total of nine books have been created on different topics: travel, dreams, gender, discrimination, racism, activism, etc.

Readers could browse the catalog and choose the book that inspired them the most.

How did the participants live the exchange ?

"In my opinion, the project went very well, I felt well and respected by the coordinators and by the participants. I really enjoyed participating and listening to others"

"It was an opportunity for me to get to know people you've never seen before in another way that surely if it wasn't for this project, I wouldn't have connected with these people in this way"

- Marta, group-leader SCI Cat



"It is a wonderful opportunity to get involved, to get to know people from your age all over Europe. You establish relationships in the context in which you spend 24 hours a day and therefore you become very quickly close also thanks to the activities that facilitate the creation of bonds. Overall, it is a wonderful opportunity to improve as a person and for a better social network"

- Francesca, SCI Austria participant