

8th-15th April 2022

Sofia, BULGARIA

CALL FOR PARTICIPANTS

**"SOCIAL INCLUSION
IN ACTION:
ALL SPECIAL,
ALL EQUAL"**

TRAINING COURSE

34 participants

15 partner organizations

13 countries

**Cyprus, Czech Republic, Greece, Italy,
Poland, Portugal, Romania, Serbia,
Slovakia, Slovenia, Spain, Turkey, and
Bulgaria**



OBJECTIVES

- to improve the understanding of youth workers about the specifics of working with people with physical disabilities (motor, visual and mental);
- to increase knowledge on how to reach and involve young people with physical disabilities in everyday life activities of partner organizations;
- to provide youth workers with concrete ideas and tools for the inclusion of disadvantaged young people;
- to provide a set of specific methods for training and supporting young people with special needs in their involvement in various activities at local and international level;
- to encourage a positive attitude towards the implementation of projects with the participation of disadvantaged young people;
- to develop skills for empathy, acceptance and non-discrimination;
- to increase the attitude towards acceptance, solidarity and the promotion of social inclusion.

PRELIMINARY PROGRAM here

The program will combine theoretical and practical activities using non-formal learning methods, thus supporting experiential learning and also creating a safe space for participants where they can freely try out, learn, share, discuss, critically reflect and develop new competencies.

We have invited **3 external guest speakers/trainers**, each of them with an enriching experience and vast knowledge on each specific group of people with disabilities (motor, visual and mental).

DATES & PLACE

The training will take place from **8th (afternoon) till 15th April 2022** (7 working days and one travelling - **8th** arrival and first working day and **15th April** - departure day) in **Sofia, Bulgaria**. The participants need to arrive in the afternoon on **8th April** and depart on **15th April 2022**.

The hotel is accessible for people using wheelchairs.

More about Sofia

Apart from the learning experience envisaged in the program, the location of the training offers an opportunity for enriching additional places to be visited and external guests to join and contribute. We will also visit a Dark Restaurant Tenebris. Additionally, the city of Sofia is offering a great diversity of free time places to visit and explore.

Apply by
22.02.2022,
filling in
the

Online
application
form

Partner countries & organizations

**CVS-Bulgaria - Bulgaria
(applicant and coordinator)**

**European Youth Centre Břeclav z.s. - Czech
Republic**

PlanBe, Plan it Be it - Cyprus

Melissa - Greece

SCI Italia - Italy

One World Association - Poland

JCV in Action - Portugal

**Asociatia Tinerilor cu Initiativa Civica
(A.T.I.C.)- Romania**

Volonterski Centar Vojvodine - Serbia

Youth for Equality - Slovakia

INEX - Slovakia

TPV Volley Novo Mesto - Slovenia

Las Niñas del Tul - Spain

Associacio Alba - Spain

System and Generation - Turkey

**Each partner organization will be represented by
1 or 2 participants, and Bulgaria - the receiving
country - will be represented by 4 participants,
trainers, support staff and guest speakers.**

PROFILE OF THE PARTICIPANTS

- Age 18+
- youth workers, social workers, mentors, coaches of youth initiatives and solidarity projects, volunteer coordinators, trainers, facilitators, activists
- participants may have experience working with young people with physical disabilities (motor, visual and mental) who wish to share with other participants and increase their knowledge and develop their competencies, or
- so far have no experience and wish to start promoting and supporting the inclusion of young people with fewer opportunities
- youth leaders who can turn into multiplayer and peer-to-peer trainers
- willing to share knowledge, ideas, useful tips
- willing to participate in the creation of the Toolbox for Social Inclusion
- able to understand and express themselves in English
- are committed to attending for the full duration of the event
- are committed to doing a follow-up/dissemination activity to be implemented in their country after the training

TRAVEL COSTS

For the reimbursement to take place participants will need to attend at least 90% of the training.

Czech Republic - up to 275 Euro

Cyprus - up to 275 Euro

Germany - up to 275 Euro

Hungary - up to 275 Euro

Italy - up to 275 Euro

Poland - up to 275 Euro

Portugal - up to 360 Euro

Romania - up to 180 Euro

Serbia - up to 180 Euro

Slovakia - up to 275 Euro

Slovenia - up to 275 Euro

Spain - up to 275 or 360 Euro (depending on the place of departure)

Turkey - up to 275Euro

Bulgaria - up to 20 Euro

PRACTICALITIES

Breakfast, lunch, dinner, and breaks during the training duration will be provided by the organizers.

Insurance will be also provided by the organizers. The participants need to bring **European Health Insurance Card** as well.

All participants will receive **Youthpass** upon successful completion of the training.

There is **NO** participation fee.

COVID-19 Protocol

The conditions connected with international travel due to the pandemic situation varies all the time and they will be communicated further with the selected participants.

The organizers cover the cost for PCR and Antigen tests in case they're needed and not free.

APPLICATION PROCEDURE

**If you are interested in
participating,
apply by 22.02.2022,**

**filling in the online application form:
<https://forms.gle/CY3STsDWBZa8vWQJ8>**

The final selection will be done by CVS-Bulgaria, giving priority to candidates proposed by the Partner Organisations as long as their application is submitted within the deadline and the candidate's profile fits with the participant's profile envisaged in this call.

Selected participants will be informed by **6.03.2022**.

All applicants will be informed about the final decision.

For any further questions, please contact us at
trainings@cvs-bg.org
or at + 359 884 766451.

ABOUT THE PROJECT

"SOCIAL INCLUSION IN ACTION"

The project "Social Inclusion in Action" aims to build the capacity of partner organizations for quality work with young people with fewer opportunities, and to increase the quality of implemented youth projects, making them more accessible to young people with fewer opportunities and at the same time increase the involvement of such participants. With the achievement of the set aims, we plan to meet the specific needs of the partners, which are related to the difficulties of lack of specific knowledge, skills and experience in direct work and inclusion of young people with fewer opportunities in the activities of the organizations. What we lack as trainers and youth workers are short and clearly worded tips and simple rules that can be applied in practice without a person having prior experience of working with a specific target group, but through which inclusion can be made easy and successful. On the other hand, it could add value and enrich the realization of the whole project and its effect and impact on the participants, partners and the local community.

The project has a duration of 24 months (from 1st May 2020 till 30th April 2022) and consists of two project activities:

"Social Inclusion in Action: the beauty of cultural diversity" training took place from 19 to 26 August 2021 in Emen and brought together a total of 34 participants who are working on the inclusion of young people with cultural differences (immigrants, refugees, or descendants of immigrant or refugee families; representatives of national or ethnic minorities; people experiencing difficulties with their language adaptation or cultural integration)

"Social Inclusion in Action: all special, all equal" training that will bring together a total of 34 participants who will focus on the inclusion of young people with physical disabilities (motor, visual and mental), from 8th till 15th April 2022, in Sofia.

About CVS-Bulgaria

CVS-Bulgaria is a non-governmental organisation that has been working in the field of international volunteer exchange since 1998 and was officially registered in 2002 as an organisation working in public benefit. CVS-Bulgaria is a branch of the international peace and volunteer-exchange network of Service Civil International (SCI - www.sciint.org) and a full member of South Eastern European Youth Network (SEEYN - www.seeyn.org). CVS-Bulgaria aims to promote the values of volunteer work through organising variety of voluntary activities; to motivate young people to be active and participate in volunteer actions - thus taking part in the development of the civil society; to promote and support intercultural understanding and solidarity, social justice and environment preservation. Main activities of CVS-Bulgaria are: organising short- and longterm volunteer projects, youth exchanges, trainings, hosting and sending volunteers for projects in public benefit in Bulgaria, Europe and the world, as well as working in partnership with other NGOs on local and international level to promote volunteering as a tool for active citizenship. Since 2003 CVS-Bulgaria has been sending, hosting and coordinating EVS volunteers. For those 16 years we have been working with more than 150 longterm and shortterm EVS volunteers.