

A5: Foundation deStarts in Giffers, Switzerland

The Foundation deStarts in Giffers FR provides youth development programs and integration measures for overweight children and young adults who are restricted in their job / education opportunities. **2 volunteers** will accompany the youngsters in different workshops (sports, textile, woodwork, kitchen, administration, metal work etc.) as well as support the office. The institute is located in an idyllic landscape close to the small village of Giffers.

Accommodation: A private room with bath and the use of a common kitchen within the institute will be provided for the volunteers.

Requirements: As the young people who stay in the institute mostly speak only German, good German knowledge is required. The volunteers have to be motivated and flexible. As the young clients have to learn to control their weight issues, the volunteers have to adapt to certain strict rules (i.e. no chocolate, unhealthy snacks or alcohol in the public area of the institute) and take part in daily sport exercises as well. Being interested in the work with young people and social work is an advantage. A criminal background check is obligatory.

